



**TAYLOR STEPHENS, MHRM, MSW, LSW**

*tstep* Champion for Caregivers 

## **Greetings,**

Taylor Stephens is a New Jersey native and US Army Veteran with over 20 years of federal service. She is a licensed Social Worker in New Jersey and currently works full time specializing in supporting Active-Duty military members and veterans.

Taylor's educational journey began at Hawaii Pacific University, where she earned a BA in Justice Administration. She went on to pursue a Master of Human Resource Management at Webster University before returning to Monmouth University to earn her Master of Social Work in 2014. Taylor is currently a DSW Candidate at Monmouth University with an anticipated graduation of May 2025.

Passionate about helping others, Taylor co-authored the Amazon Best Seller *Grace to Recover* in 2019. Her professional affiliations include the Alpha Delta Omega and Phi Alpha National Honor Societies and Monmouth University's Veterans Association.

As an unpaid caregiver herself, Taylor is deeply committed to supporting others in similar roles. She is currently leading a capstone project focused on providing resources and assistance to unpaid caregivers, leveraging her personal experience and professional expertise to create a supportive community for those who care for loved ones without compensation.

**Taylor Stephens, MHRM, MSW, LSW**

**DSW Candidate**

**Monmouth University**

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